

Heart Prep Part 4

Celebrate Your Breakthrough

What is Breakthrough?

How do you define breakthrough?

What do you think of when you think of the concept of time?

What are some other ways you can think about time?

Were there any new thoughts on breakthrough that you resonated with? Why?

What is Celebration?

How do you like to celebrate something?

What are some ways that you're already winning?

What came up for you as Brie invited you to celebrate wins right now?

What new things are you learning to do? How are you still pursuing your destiny even if you're not where you want to be in some areas of life?

How is God showing up in your process right now?

What are some ways that you want to practice celebrating you?

How do you want to practice playing?

Extra Journal Space:

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